



## American Indian Prevention Coalition Inc.

### *Sharing The Vision* WHO WE ARE

**AIPC was founded in 1998.** We are an American Indian owned and operated intertribal 501(c)3 non-profit organization. AIPC's governing board is 90% enrolled tribal members. Our EI number is **86-0959751**.

### MEMBERSHIP

Membership is free and open to all people interested in improving the health, education and quality of life for all Indian people. We currently represent have membership representing over 100 different tribes. AIPC has a membership which includes over 300 individuals, businesses, health agencies, schools and tribes throughout the southwest.

### MISSION

To support the development of **safe, successful, healthy and drug-free American Indian and other indigenous youth, families** and communities in urban and reservation areas.

### GOALS

**Connect** existing Indian organizations and community coalitions with available resources. Support wellness activities in our communities; assist in the formation of new Indian community coalitions; and develop new businesses within Native communities and connect Native American youth to employment opportunities.

**Inform** Indian communities about available wellness and prevention funding and program resources through fax and email alerts; Provide an informational website that offers prevention program tools, links to multiple wellness resources and keep communities current on policies that impact programs.

**Train** and provide high quality technical assistance and access to effective research based prevention, intervention, treatment and recovery programs. Communities can access quality, culturally appropriate trainers that help develop and implement effective programs.

**Advocate** for additional resources for Indian communities. AIPC maintains membership on a variety of influential, strategic tribal, state and national advisory councils. AIPC organizes communities to formulate plans to improve the quality of life and health by reducing health risks such as alcohol and other drug abuse, violence, crime, academic failure etc.

### SERVICES

#### ❖ **NDNS4Wellness Educational and Behavioral Health Services Agency**

NDNS4Wellness was the first business incubated by the American Indian Prevention Coalition, Inc. in 2000.

#### **Services include:**

- NDNS4Wellness Recovery Junior High and High School (linked with Sequoia Charter for transferable credits toward graduation)
- A full continuum of substance abuse and mental health prevention, early intervention, treatment and continuing care services for youth and families

#### ❖ **Technical Assistance & Educational Services**

We offer a wide variety of technical assistance and training opportunities.

#### **Some of the trainings include:**

- Culturally Respectful program planning and service delivery
- Youth and Family Services Program Design and Development
- Grant Writing and Resource Development
- Substance Abuse Counselor Certification and Substance Abuse Prevention Specialist Training
- Youth to Youth Conferences and Celebrating Indian Families Mini-Conference Series



*Sharing The Vision*

## NDNS4Wellness Educational and Behavioral Health Services

NDNS4Wellness was the first business incubated by The American Indian Prevention Coalition Inc. in 2000.

The American Indian Prevention Coalition (AIPC) operates the NDNS4Wellness Recovery Junior High and High School in association with the Sequoia Charter School and offers a comprehensive array of substance abuse and mental health prevention and treatment services that are:

- Culturally Respectful;
- Individualized;
- Based on Youth and Family Preferences, Strengths, and Needs;
- Focus on Recovery and Wellness; and are
- Outcome driven.

### RESIDENTIAL TREATMENT SERVICES

NDNS4Wellness provides residential substance abuse and mental health residential treatment for youth in a family oriented environment.

- ❖ ***Eagle Flying High***—An Arizona Department of Health Services (ADHS) Level II group home serving boys (ages 13-17) located in Central Phoenix.
- ❖ ***Morning Star***—An ADHS licensed Level II group home serving girls (ages 13-17), including pregnant teens, and teen moms with infants and toddlers located in Central Phoenix.
- ❖ ***Summer Hawk Youth Ranch***—This is our brand new ranch and training center located on 40 acres in rural southern Arizona. The ranch is an ADHS licensed Level II facility and serves boys (ages 13-17) who may require longer term residential care in a family setting. Respite services are also available at *Summer Hawk Youth Ranch*.

#### NDNS4Wellness Residential Treatment Programs include:

- Gender Separate
- Twenty four hour Residential Care
- Individualized Treatment and Recovery Plans
- Individual, Group and Family Counseling
- Academic Tutoring and Guidance
- Substance Abuse Education
- Twelve Step Support Groups
- Access to Medical and Other Community Services
- Culturally Respectful Ceremonies and Spiritual Guidance
- Workforce Development and Employment Training

### OUTPATIENT TREATMENT AND SUPPORT SERVICES

NDNS4Wellness offers a full array of prevention, early intervention, treatment, and continuing care services for youth and families. Outpatient treatment and support services are available both in office and in school and other community settings. Services include:

- ❖ Research Based Substance Abuse and Violence Prevention Education Curriculum
- ❖ After School or "Critical Hours" Supervision and Activities
- ❖ Life Skills Development
- ❖ Leadership Skills Development
- ❖ Intensive Outpatient Programs
- ❖ Individual, Group, and Family Counseling
- ❖ Mentoring
- ❖ Ala-Teen Meetings
- ❖ Cultural Restoration and Affirmation
- ❖ Drama Activities and Culturally Relevant Arts and Crafts
- ❖ Parenting Support Talking Circles and Mini-Seminars
- ❖ Family Strengthening Weekend Activities

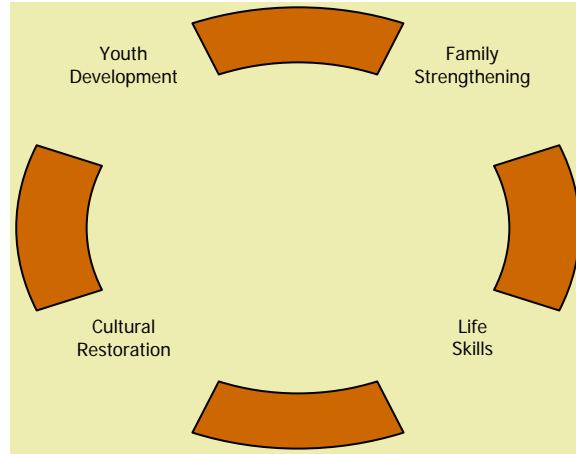
PO Box 25047 Phoenix Arizona 85002; 2302 N. 7<sup>th</sup> St Phoenix Arizona 85006  
602-424-1600 office; 602-532-7202 fax, 602-432-3098 Bonny Beach, Ex Director



Sharing The Vision

### CIRCLE OF HEALTH PROGRAM MODEL

All NDNS4Wellness educational and behavioral health services and supports are delivered within the context of the Circle of Health Program Model. The four components of this model developed by AIPC and NDNS4Wellness are *youth development*, *family strengthening*, *life skills* and *cultural restoration*.

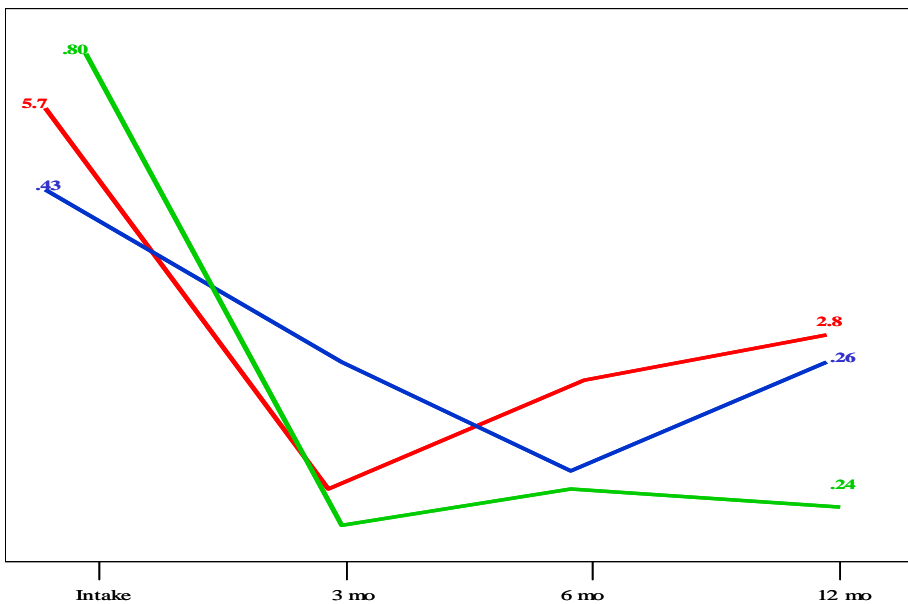


### YOUTH AND FAMILY OUTCOMES

The NDNS4Wellness Circle of Health Program Model has been evaluated over the past five years and is proving its effectiveness in demonstrated outcomes for participating youth and families. Evaluation results indicate:

- ❖ Improved Academic Performance;
- ❖ Increased Youth Pro-Social Behavior;
- ❖ Improved Family Commitment to Health and Positive Relationships;
- ❖ Decreased Violence;
- ❖ Decreased Sexual Promiscuity;
- ❖ Decreased Alcohol and Other Drug Use/Abuse; and
- ❖ Decreased Suicide.

### Circle of Health OUTCOMES prove program model effectiveness even one year later!



Measure	Data Collection Point	N	Mean
Days of Marijuana Use Past 30 Days	Intake	122	5.6803
	12 mo	46	2.8043
Depressive Disorder Symptoms per Respondent	Intake	122	.4344
	12 mo	46	.2609
Interpersonal Crime Scale	Intake	122	.7951
	12 mo	46	.2391

Respondents report decreased use of marijuana, decreased symptoms of depression, and decreased involvement in interpersonal crime.

All changes test as statistically significant using the Independent Samples t-test of mean scores at Intake and 12 months from intake,  $\alpha = .05$ .